

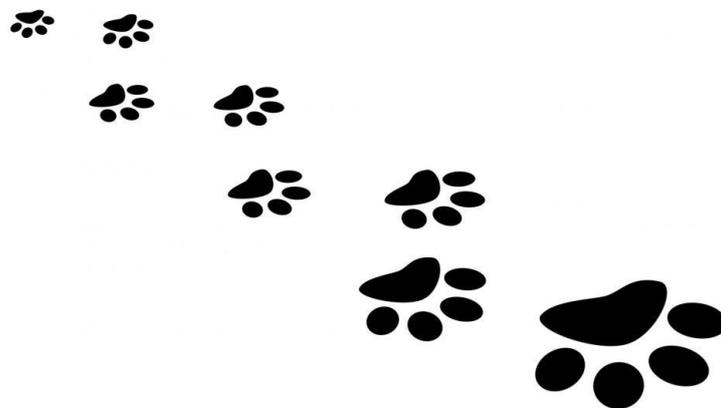
July 2020

THE GROWLER

Newsletter of the



Established 1974



Note: Articles appearing in this Newsletter are considered to be of interest to our readers and do not necessarily express the opinions of the Committee of Editor of the S&DODC Inc. Who accept no responsibility for the accuracy of claims made by the advertisers in this Newsletter.

SHEPPARTON & DISTRICT OBEDIENCE DOG CLUB Inc.

Inc. No. A0017293M
PO Box 6230, SHEPPARTON VIC 3632

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OFFICE BEARERS AND COMMITTEE 2019/2020

President: Paul O'Bryan 0418 114 910 (no private numbers, no calls after 8pm please)
Vice President: Leigh Williams
Secretary: Jillien van Bommel
Assistant Secretary: Donna Sharp
Treasurer: Robyn Masterson
Committee: Marg Delai, Kerryn Buckley, Daniel Mitchell, Anne Crook
Trial Manager: TBA **Trial Secretary:** TBA
Property Steward: TBA **Editor:** Kerryn Buckley

Class Times

Beginners/Newcomers and Novice and above Classes: 9.00am to 9.45am

Intermediate and CCD Classes: 10.00am to 10.45am

Every Sunday – Beginner Class: 9.00am – 9.45am

1st Sunday: 9.00 am Obedience for Beginners and Novice
10.00 am Agility, Rally-O and Obedience (CCD and Intermediate). The attendees on the day will be split into three (3) groups and each group will rotate through the three disciplines.

2nd Sunday Obedience 10.00 am to 10.45 am, Committee meeting 11am

3rd Sunday Obedience 10.00 am to 10.45 am, Agility/Rally-O 10.45am to 11.45am

4th Sunday Obedience 10.00 am to 10.45am, Graduation practise: 10.45am to 11.45am

Heat Rule

When the weather forecast for Sunday by the BOM for Shepparton is 36 deg, or above as declared on the prior Saturday night, there will be no training on Sunday morning even if the weather forecast is revised.

PRESIDENT'S PAGE

Well another issue is out, obviously we are still in the midst of the COVID pandemic and training continues to be suspended unfortunately; at this point we have no clear date as to the resumption. We are aware some clubs have started training again and dependent upon the club are either interpreting the rules as allowing 20 person, 10 persons per class, and also some clubs have interpreted it as 10 or 20 people total on the grounds at any one time. The Department of Health also has differing opinions on what dog training is, either its a sport or a hobby/social gathering. Due to the varied opinions there is no clear path forward and the risks of being fined for noncompliance are greater (these fines would probably be issued to committee members/executive not individual members). When training does resume rest assured there will be procedures in place for the protection of members, we already have a check in system to record who and how to contact you, but other small changes will come into effect, for instance no access to the club rooms except the toilets, shorter class times to allow cleaning of handrails between classes, and potentially no common use equipment such as agility gear so there will be more focus on handlers bringing toys and treats to engage with their pooches and friends... albeit at a safe distance!

On the Dogs Victoria (DV) re affiliation process, we finally have good news, DV Management Committee has approved our Application (as we were previously affiliated some years back Management Committee approved this without sending it to OTEC or Regulations Committees') what this means is that we are now fully sanctioned to run events and the Clubs public liability insurance will be covered by Dogs Victoria. As such small changes in the Club's fee structure will take effect from now for any new members not already members of DV as there is an \$8 per person (\$16 families) insurance levy we need to adhere to. As previously voted on, members already on the books this year that are not DV members the club will be covering this levy, not retrospectively charging it).



Also the new perpetual trophies spoken about at the last break up party and donated by myself to the Club for Tracking and Track and Search have been finished by Quality Teams, due to the seasons competition being cancelled thus far unfortunately it'll be hard to qualify this year, but for those that aspire here is a sneak peek of the new trophies... time to get training!



Our Vice President, Leigh has been very busy, converting a boat trailer into an agility equipment rack to make for ease of putting gear in and out of the shed, I must say it looks great.. **thank you Leigh!**

As a way to lighten the mood, I encourage everyone to email the editor (sheppartonobedience@gmail.com) with any funny stories and photos of their dogs daily coronavirus activities, I'm sure plenty of pups are getting lots of walks! That's it from me, please keep up to date on Facebook for any changes.

Paul



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The Right Treats Make the Best Reward: How to Choose

There are many ways to reward your dog for a job well done. Throwing a tennis ball might be great at the end of a long “stay,” or a romp in the backyard after practicing “wait” by the door. But food treats are often the most convenient and effective way to influence your dog’s behaviour. Here are some tips for choosing the right treat for the right situation.

Fast-Eating Treats

When you’re teaching your dog new behaviours, it’s important to keep him motivated and interested. One of the easiest ways to do that is with a high rate of reinforcement (how often you give rewards). In order to give your dog lots of treats in a short period of time, you need to choose ones he can eat quickly.

If your dog gobbles his treat immediately, you can move to the next repetition right away. He stays interested and gets lots of practice in a short amount of time. But if your dog spends several seconds eating each treat, that means more time waiting between repetitions. You will either have to increase the length of your training session and risk having your dog lose focus or practice fewer repetitions per session.

Keep Treats Small

Small treats are key to keeping a training session moving along. Even for large dogs, a pea-sized treat is plenty. For small dogs, you can use even tinier pieces. Some commercial treats are far too large. Look for tiny treats or cut larger ones into small bits before your training session begins. You might feel like you’re cheating your dog, but as long as he’s getting something he loves, he won’t care if it’s just a tidbit or the whole sausage.

The smaller treats are also kinder to your dog’s waistline. Particularly when training is intense, like with puppies or dogs training for specific sports, your pup might be eating handfuls of treats each day. Keeping treats small means fewer calories consumed. It also means your canine companion won’t get full before the session is over.

Soft and Stinky Treats

Soft treats are also great for training because, compared to crunchy ones, they’re easier and faster for your dog to eat. Biscuits can be fine for one-off rewards, but during a training session, waiting for your dog to find every piece that’s crumbled to the floor is time away from teaching. Soft treats are also smellier. Every dog has a hierarchy of rewards, and most of them would put smelly items like cheese or bacon up at the top. You might be able to get away with using kibble as a reward in your quiet living room, but in a more distracting location, you should pull out the stinky treats your dog adores.

Changing It Up

Just as your dog likes certain treats more than others, he might also like a variety. Dogs can become bored with the same old treat. If you notice your dog’s enthusiasm is fading, change to a different reward of equal or greater value. You can even use several different treats during a session, so your dog never knows what type of delicious morsel is coming next.

A Pocket Full of Food

Sometimes you want treats on hand for impromptu training — for example, reinforcing good behaviour around the house, like lying quietly on a dog bed. In these cases, having food in your pocket or a treat bag at all times will allow you to provide an immediate reward. Perishable treats like leftover chicken simply won't work. Look for non-perishable treats that you can carry around, such as freeze-dried liver or jerky cut into tiny pieces.

Slow-Eating Treats



Sometimes treats should last as long as possible. Teaching your dog to love his crate, helping him pass the time while you're out of the house, or encouraging him to lie quietly beside you while you watch TV are all perfect situations for a long-lasting treat. Look for chewy treats like bully sticks that your dog can savour. Alternatively, use toys you can stuff with food. A Kong can be filled with cream cheese or peanut butter for a time-consuming treat. Or plug the end, fill it with broth, and put it in the freezer for a snack on a hot day.

Source: www.akc.org

Stay Safe everyone



RECIPES - HOME MADE DOG TRAINING TREATS

1. www.cleanfingerslaynie.com/homemade-dog-training-treats

4 Ingredient Homemade Dog Treats

★★★★★
4.75 from 4 votes

Save money and feed your dogs with these high quality homemade treats for your dogs! They are quick and easy to make with only 4 ingredients you probably already have on hand. Great to use as rewards while training your dogs.

Prep Time 15 mins	Cook Time 1 hr	Total Time 1 hr 15 mins
----------------------	-------------------	----------------------------

Course: Snack Keyword: Dog Food, Dog Treats Servings: 2 cups Author: Clean Fingers Laynie

Ingredients

- 1 cup Flour *
- 1/2 cup Cheese, grated **
- 5 oz Tuna, canned
- 1 large Egg

Instructions

1. Preheat oven to 350 degrees.
2. Grate cheese, and add all ingredients into a medium sized bowl.
3. Mix well until a dough forms. (I like to use my hands and really knead the dough together).
4. Coat 8" x 8", oven-safe, baking dish with cooking spray. Press mixture into an even layer into baking dish.
5. Bake for 20 minutes, and remove the mixture from pan onto a cutting board.
6. Cut mixture with a chef's knife, or pizza cutter, into small pieces (about the size of a thumbnail).
7. Return cut treats to baking dish and bake at reduced temperature of 275 degrees for an additional 40-60 minutes. Check dog treats at 40 minutes, and every 5 minutes thereafter, until treats are dried and golden brown. The treats will continue to dry out as they cool.
8. Let treats cool and give to your furry friends!

Notes

*Some dogs may have allergies to different kinds of flours. So, monitor your dog when giving them treats made with flour. Whole-grain, nut, or all-purpose flours may be suitable for your dog.

**I like to use sharp cheddar cheese for these treats, but the smellier the cheese used the better!

Storage: treats can be refrigerated for up to a week, or they can be frozen for up to a month!

2. www.yeewittlethings.com/2014/01/bacon-liver-dog-treats.html

Bacon Liver Dog Treats

1 lb. (450 g) bacon, sliced crosswise in 1-inch pieces
13 oz. (365 g) beef liver, cut into 1/2 inch pieces
3/4 cup plus 1 tbsp. cornmeal
3 cups plus 3 tbsp. whole wheat flour
1 cup beef stock

Preheat oven to 350 degrees F. and line baking sheets with parchment paper.

Cook bacon over medium heat until crispy, about 5 minutes. Drain on paper towels and set aside. Pour off all fat but 2 tbsp. from pan and add liver cook squishing with back of a spoon to mush up. Let cool

slightly. Add bacon to food processor and pulse a few times, then add in liver and cornmeal and process until you have a coarse mixture.

Transfer mixture to stand mixer fitted with paddle attachment. Add flour and mix to combine. Slowly add broth and continue mixing until dough begins to gather around the paddle and feels moist to the touch.

Roll out (in batches if necessary) between two sheets of parchment paper to 3/8 inch thick. Cut into desired shapes and arrange on prepared baking sheets about 1/2 inch apart. Knead trimming and roll out for more treats. Bake until completely dry. About 1 1/2 hours. (mine took about 1 hour).



3. www.instructables.com/id/High-Value-Liver-Dog-Treats/

The list could be much longer if you customize it to your dogs own taste, but the basic ones are:

- Flour, Organ (cooked) (eg: Lambs Fry), Banana,

Here is what else I added:

- Cinnamon, Parsley (it was about to go bad). Turmeric powder (GREAT stuff for you and your dog, google it!)



After a successful taste testing, I preheated the oven to 300F and prepared a baking sheet by lightly sprinkling some flour on it and then rolling out the dough very thinly - 1/4" sounds about right. I then used a pizza cutter to make a checker pattern. It's all very approximate, but each piece is about the size of a fingernail. Some are a little bigger than others.

The purpose for these treats in my case were/are for quick training rewards, so you can't have big chunky cookies. If you, however, just want regular dog cookies, then don't roll the dough as thinly and use regular cookie cutters.

Now it's time to put the "raw" treats into the oven for about 10-15 minutes depending on what you're looking for in crunchiness and obviously how thinly you rolled your dough. Just keep an eye on them and remember that they will harden a little bit after they've cooled down.

Once the treats are done in the oven, pull them out and let them sit.



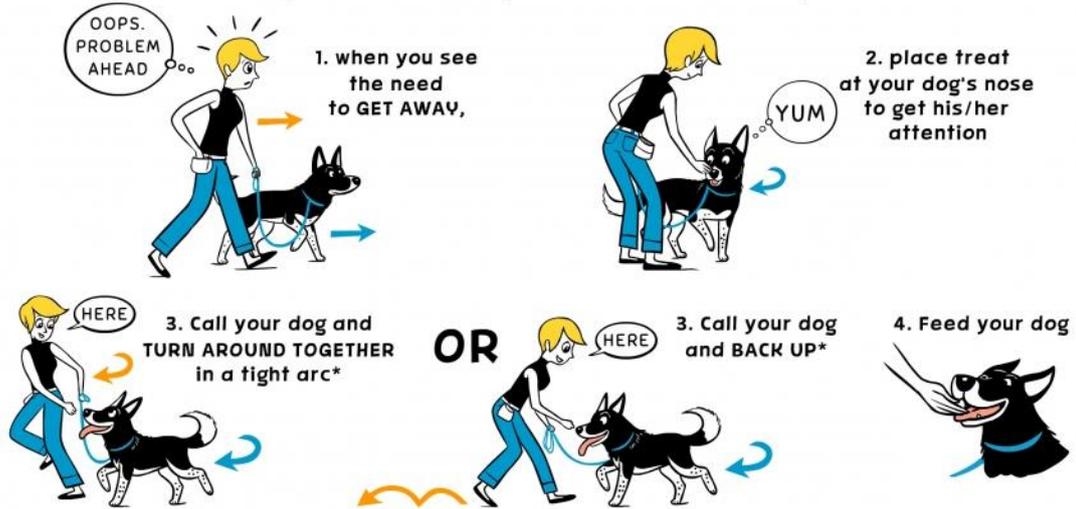
Emergency Leash Techniques

THAT DON'T PUT PRESSURE ON YOUR DOG

Practice these techniques a couple of times per walk when your dog is relaxed and having fun, before trying it when there are distractions or temptations.

U-Turns

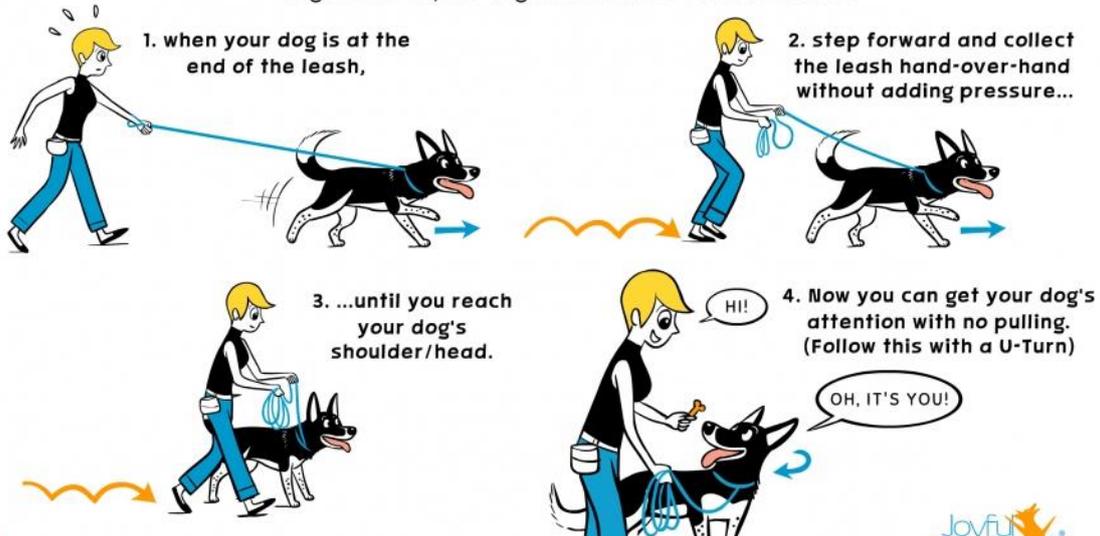
Use a wonderfully tasty treat and place it at the dog's nose to lure him around from the temptation and back to you. You could do it two ways.



* stay close to your dog

Walk Up The Leash

If your dog is pulling toward some awesome temptation, or having a reactive moment, use this to get next to your dog so as to have some influence.



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PROGRESSION THROUGH THE OBEDIENCE CLASSES:

Beginner Class:

Exercises are basic – loose lead walking, sit, stay, drop, recall and turns

Intermediate:

Exercises same as Beginner Class plus –

- Heel pattern with Figure 8, Stand for Examination, Sit Stays, Stand and Drop, Change of Pace

Community Companion Dog – CCD:

All of the above exercises to Trial level plus

- Dumbbell and Finish

Novice - CD:

All of the above exercises to Trial level plus

- Change of Position, Off Lead work, longer timed Sit and Drop Stays

Open - CDX:

All of the above exercises to Trial level plus

- Heel Free, Broad Jump, Dumbbell Retrieve over the Solid Jump, Dumbbell Retrieve on the Flat, Distance Control, Drop on Recall plus Out of Sight Sit and Drop Stays

Utility Dog and Utility Dog Excellent – UD & UDX:

These two classes are the top two obedience levels and will be taught on request.



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RAW FEEDING

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80% MEAT

BRISKET
FILLETS
HEART
CHEEK
LUNG
TRACHEA
OFF CUTS
GREEN TRIPE
FISH & EGG
(2-3 TIMES A WEEK)
FREEZE SALMON AND
WILD PREY FOR AT LEAST
2 WEEK TO KILL PARASITES

Zn P K (SMELLY)

10% BONE

POULTRY CARCASS
LAMB, PORK RIBS
POULTRY WINGS
POULTRY NECKS
PIGS TROTTERS
POULTRY LEGS
POULTRY FEET

NEVER COOKED!
OR SMOKED

OPTIONAL FRUIT AND VEG

BLACKBERRIES AND MORE
BROCCOLI
COCONUT
PEAS
PINEAPPLE
CUCUMBER

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BONE BROTH

WEIGHT BARING BONES CAN CHIP TEETH
TOO MUCH BONE CAN CAUSE CONSTIPATION

QUANTITIES

WEIGHT:	FEED:
5KG	125G
10KG	250G
15KG	375G
20KG	500G
25KG	625G
30KG	750G
35KG	875G
40KG	1KG
45KG	1.125KG

DO NOT FEED

- ⊘ SALT
- ⊘ ONION
- ⊘ GRAPES
- ⊘ RAISINS
- ⊘ WALNUTS
- ⊘ AVOCADOS
- ⊘ CHOCOLATE
- ⊘ APPLE SEEDS
- ⊘ ANY FRUIT PITS
- ⊘ GREEN TOMATOES
- ⊘ MACADAMIA NUTS
- ⊘ XYLITOL - SWEETNER
- ⊘ CAFFEINE - TEA - COFFEE

FEEDING GUIDE

80% MEAT, 10% BONE, 5% LIVER, 5% OTHER OFFAL
FEED 2-3% OF THE DOG'S IDEAL BODY WEIGHT PER DAY
INCREASE FOR TOO THIN, DECREASE FOR OVERWEIGHT
ADJUST ACCORDING TO ENERGY LEVEL
BEGIN RAW FEEDING BY GIVING BLAND MEAT LIKE CHICKEN
THEN VARY MEATS OVER THE COURSE OF THE WEEK
TREATS COUNT TOWARDS DAILY FOOD INTAKE
3 MEALS A DAY IF UNDER 12 WEEKS
2 MEALS A DAY FOR DOGS OLDER THAN 12 WEEKS
IF ALSO FEEDING DRY KIBBLE LEAVE 6 HOURS BETWEEN OR ON
DIFFERENT DAYS TO AVOID BLOCKAGES: RAW DIGESTS SLOWER

5% EXCRETING ORGANS PLUS 5% LIVER

LIVER
BRAIN
KIDNEY
SPLEEN
PANCREAS
TESTICLES

TOO MUCH OFFAL CAN CAUSE DIARRHOEA
TOO MUCH LIVER CAN OVERDOSE ON VITAMIN A

POO CONSISTENCY

HARD & WHITE = TOO MUCH BONE
JUST RIGHT!
SOFT & BLACK = TOO MUCH OFFAL

BONE FIRMS POO
OFFAL SOFTENS POO

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OPTIONAL SUPPLEMENTS

TURMERIC GOLDEN PASTE
FISH OIL
COCONUT OIL
1TBSP PER 30LBS WEIGHT
APPLE CIDER VINEGAR

KEY

- A VITAMIN A
- B VITAMIN B
- C VITAMIN C
- D VITAMIN D
- Mg MAGNESIUM
- K POTASSIUM
- Ca CALCIUM
- Ω OMEGA
- Zn ZINC
- Fe IRON
- P PROTEIN
- F FIBRE

BENEFITS

MORE NUTRIENTS ABSORBED
NO GRAIN OR WHEAT
BETTER ZINC ABSORPTION
CHEWING BONE CLEANS TEETH
LESS FOOD INTOLERANCE
LESS SMELLY POO
SHINY COAT
POO BIODEGRADES QUICKER
(NO PRESERVATIVES)
SMALLER POO
(SMELLS A BIT LIKE CHICKEN)





the causeway

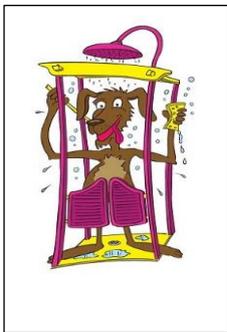
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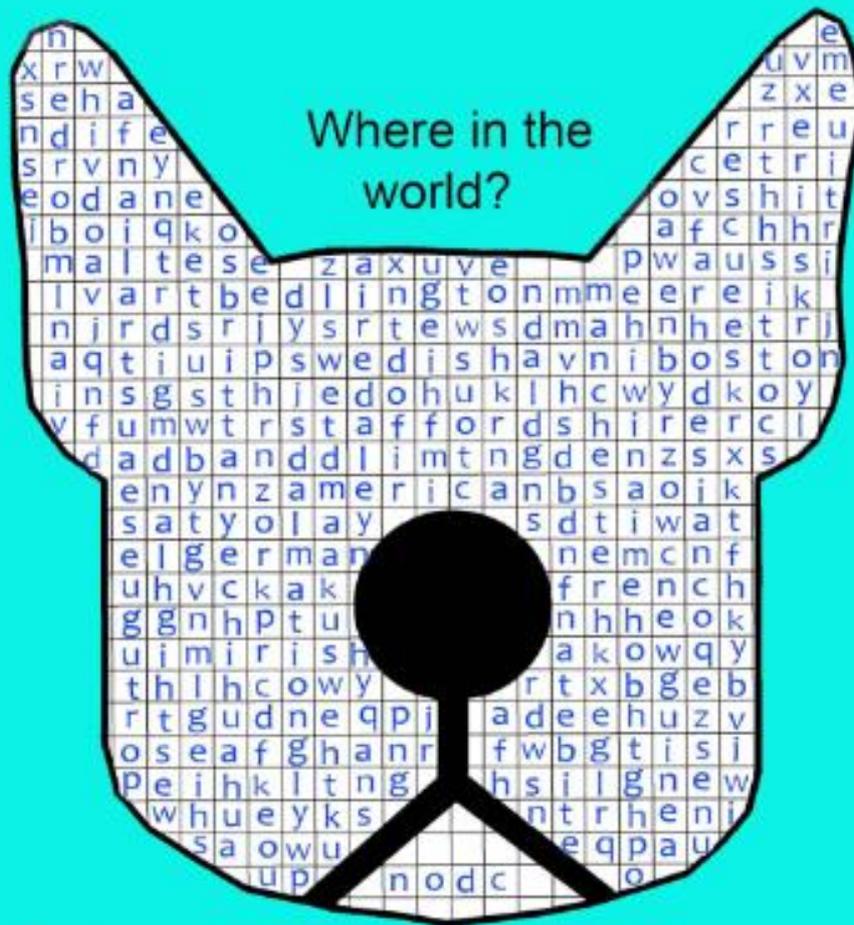
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Handlers

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 Afghan Hound, Staffordshire Terrier, Scottish Terrier, Portuguese Water Dog, Boston Terrier,
 American Foxhound, Irish Wolfhound, Airedale Terrier, New Guinea Singing Dog, Maltese,
 Great Dane (but he's German), Yorkshire Terrier, Chihuahua, West Highland White Terrier,
 Bedlington Terrier, Tibetan Mastiff, Manchester Terrier, Australian Shepherd, Brittany Spaniel,
 Swedish Vallhund, German Shepherd, Bohemian Wirehaired Pointing Griffon, and naturally
 we will always find a place for a Rescue!



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Club Merchandise Items for Sale

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- Club cloth decals
- Correction chains-quality steel, various prices
- Dog leads (soft) - from \$8.50
- Dumbbells -from \$10 (plastic, floats in water)
- Liver Treats \$3.50
- Pigs ears \$1.70
- Ponchos and Harnesses (various sizes)

“Please give me space”

At some time, you will see someone wearing these vests. Please respect a member and their dog when wearing this fluro yellow vest and keep a reasonable distance away from the dog. If possible attract the handler’s attention before approaching. Remember not all dogs are 100% confident or friendly, they may be scared, or reactive around other dogs, or being rehabilitated which is why they are attending the club classes. If you wish to use a vest please speak to one of the instructors.



SHEPPARTON & DISTRICT OBEDIENCE DOG CLUB INC.

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